

Youth Fitness Challenge

Sponsored By:



Play for a chance to WIN A BIKE!

How it Works

- 1) Visit at least 2 of the info booths between 1:00-3:00pm (see map inside).
- 2) Complete the Fitness Challenge at each info booth and check off below.
- 3) Get a **FREE** Streets Alive T-Shirt!*
*For the first 500 challenge participants.
- 4) Get a raffle ticket at any info booth.
- 5) Go to the Entertainment Site in UPCO Park for the raffle at 3:15pm!
Must be present to win.

Youth Fitness Challenge Check-Off

- Jump Rope - Info Booth #1
- Hoola Hoop - Info Booth #2
- Hop Scotch - Info Booth #3
- Jumping Jacks - Info Booth #4



Thank You Sponsors!

Platinum

City of Lincoln
Community Health Endowment
Healthy Blue Nebraska

Gold

KLKN Channel 8
Lincoln Journal Star

Silver

Bryan Health
Children's Center for the Child & Community
Complete Weddings + Events
John Henry's Heating & Plumbing
KZUM 89.3FM
Rivers Metal Products
ScreenInk

Bronze

All Copy Products/Verticomm
Cornhusker Bank
Great Plains Trails Network
Lancaster County Medical Society
Lincoln Arts Council
Lincoln Bike Kitchen
Lincoln Industries
LNKTV Health
Scheels

Route

Cycle Works
Donna & Lloyd Hinkley
Humana
Hy-Vee Wellness Bus
Kent and Ann Seacrest
Leon's Gourmet Grocer
Nebraska Safety Council/WorkWell
Nebraska Total Care
Norland Pure Water
Open Harvest
Tyler Mainquist
UNL Federal Credit Union

September 25th ♦ 1:00-4:30pm

Streets Alive!



Event Rules

BE SAFE

Streets are closed but still watch for vehicles, children, pets and other normal hazards. Streets Alive! is not held liable for participants' failure to be watchful. No weapons. No smoking.

BE RESPONSIBLE

Take care of the streets and sidewalks; watch for others. Dispose of litter and pet waste in responsible ways.

BE RESPECTFUL

Use family-friendly language and be considerate of others.

BE GREEN

Please recycle in the bins along the route.

In case of emergency, contact volunteers at the Information Booths or call 911.



Partnership for a Healthy Lincoln

Entertainment Schedule

UPCO Park Entertainment Site

1:00 - 1:15 PM - Kick Off Party
1:15 - 2:15 PM - Cool Poppas
2:30 - 4:30 PM - Black Ophanim

Sponsored By:



Along the Route 1:00-4:30

- Lincoln Ukulele Group - 39th Street
- Kids Music with Jim King - Cleveland Ave.
- Blue Raven Music Studio Students - Cleveland Ave.

Performance Schedule

Sponsored By: COMPLETE
weddings + events

Corner of 47th St. & Cleveland Ave.

1:15 - 1:20 PM - Dancing Beyond Limits
1:30 - 1:35 PM - Dawes Middle School Step Team
1:45 - 2:15 PM - CK Dance Academy
2:30 - 3:30 PM - Music & Art Therapy Demo with Our Dream Achievers
3:40 - 3:45 PM - Lincoln Southeast Step Chain
4:00 - 4:30 PM - Nicholas Li - Cello Performance

Fitness Schedule

Sponsored By: Bryan Health

Corner of 45th St. & Baldwin Ave.

1:15 - 2:15 PM - Pound Class by YMCA
2:30 - 3:30 PM - Yoga Class by Wild Root Yoga
3:45 - 4:30 PM - Self-Defense Demo by Swanson Martial Arts

Route Fitness 1:00-4:30

- Soccer Clinic by Nebraska Wesleyan - Baldwin Ave.
- No Coast Jr. Derby Rollerskating - Baldwin Ave.
- DEVO Mountain Bike Demos - UPCO Park
- Precision Skateboard Demos - UPCO Park
- Nebraska Swordfighters Guild Demos - UPCO Park

39TH STREET

UPCO PARK

YWCA Lincoln
 Children's Hospital & Medical Center
 BLIXT Locally Grown
 KZUM
 MilkWorks
 Malone - Maternal Wellness
 Domesti-PUPS
 Southern Heights Food Forest
 Lincoln Literacy
 LPS Sustainability Department
 Open Harvest Co-op Grocery
 Lincoln Ukulele Group
 El Centro de las Americas
 Jenda Foster Care
 Lincoln Fresh Truck

Pioneers Park Nature Center
 Community CROPS
 Nebraska Swordfighters Guild
 Make A Wish - Lincoln
 Good Life Skate Center LLC
 Great Plains Trail Network
 Lincoln DEVO
 CHI Health St. Elizabeth
 Claire's Books
 Hometown Favorites Hair Care
 Fisher's Beauty & Barber

Sponsored by:



BALDWIN AVE.

Lincoln City Libraries
 Read Aloud Lincoln
 Collective Impact Lincoln
 The Salvation Army
 Mosaic in Southeast Nebraska
 Lincoln Electric System
 Educare Lincoln
 No Coast Junior Derby
 Nebraska Wesleyan Mens Soccer
 The Arc of Lincoln
 Hy-Vee Healthy You Mobile
 Jobs Daughters International
 UNMC College of Dentistry
 Tobacco Free Lancaster County
 Bikers Against Child Abuse
 Nebraska Satsang Society
 Boys & Girls Clubs Lincoln/Lancaster County
 LMEP School Community Intervention & Prevention
 Nebraskans Against Gun Violence
 Humana
 The Child Advocacy Center
 Foundations Progressive Learning Center
 Nebraska Association for the Education of Young Children
 Lancaster County Health Department Dental and WIC
 Boy Scouts of America Pack 36
 All Copy Products/Verticomm
 Swanson's Martial Arts
 CenterPointe
 Nebraska Commission for the Deaf and Hard of Hearing
 Madonna
 YMCA of Lincoln

Sponsored by:



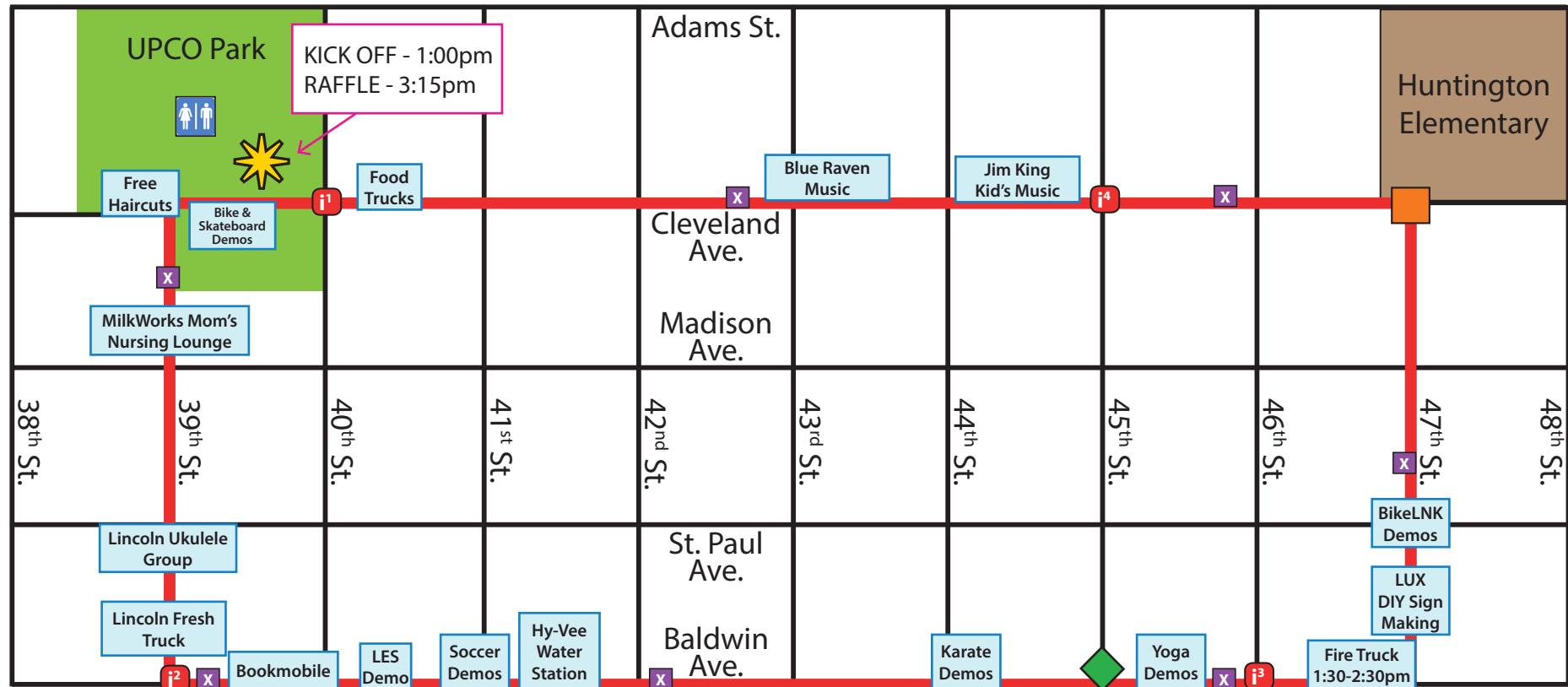
The Bay
 Special Olympics Nebraska
 Wild Root Yoga
 Friendship Home
 Nebraska Total Care
 St Luke UMC
 Nebraska Department of Health and Human Services
 Sidewalk Hymns
 Nebraskans Against Gun Violence
 Lincoln Fire & Rescue Truck

Sponsored by:



2022 Streets Alive! Route

— Route **i** Information Booth **x** Restroom Entertainment Site Performance Site Fitness Site



47TH STREET

Sponsored by:



LUX Center for the Arts
 Lincoln Arts Council
 ServeNebraska
 Buy Fresh Buy Local Nebraska
 BikeLNK
 Lincoln Transportation & Utilities - Traffic Engineering
 Lincoln Transportation & Utilities
 Lincoln Transportation & Utilities - Watershed Management
 Lincoln Transportation & Utilities - Solid Waste Management
 City of Lincoln/Lancaster County
 Southeast Community College Adult Education program
 The Mental Health Association of Nebraska
 Catholic Social Services of Southern Nebraska
 Bryan Health Cardiovascular Early Detection Center
 Dancing Beyond Limits

CLEVELAND AVE.

Our Dream Achievers Art & Science Program
 CK Dance Academy
 Women's Foundation of Lincoln & Lancaster Co.
 Voices of Hope
 Healthy Blue of Nebraska
 Lincoln Track Club
 Lincoln Running Company
 City Impact
 NeighborWorks Lincoln
 Jim King
 Hearts United for Animals
 Lincoln Animal Ambassadors
 Asian Community & Cultural Center
 Sesostris Shrine Center
 Gideon's International

Bryan Health
 Source. Eat. Fit
 Lincoln Children's Museum
 Blue Raven Music Studios
 CycleWorks
 Peachy Plate Nutrition
 Lincoln Community Learning Centers
 Capital Humane Society
 Community Action Partnership
 Aging Partners Neighborhood LNK
 Aging Partners
 Allison Helps Cats
 Clinic with a Heart
 Family Health Services Inc
 Legal Aid of Nebraska

UNL Minority Health
 Disparities Initiative
 UNL Dairy Store
 Farmers Market Kettlecorn
 The Corner Kitchen LLC

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