### THE CHILD ADVOCACY CENTER where small voices can be heard.

### The "What If..." Game

What would you do if someone knocked on the door when mom or dad was in the shower? Would you answer it?

What if someone you didn't know wanted to give you a gift? What would you say?

If you could have three wishes granted, what would you wish for?

What if you were online and someone asked about you or your family in a chat?

What if you were in the store and you couldn't find your parent? Who would you ask for help?

What if you were with a babysitter and they had a friend come over that you didn't know?

What if someone tries to talk to you in the restroom? Or if someone tries to touch you? What would you do?

What if you are outside with a group of friends and a neighbor invites you into their house?

What if you are walking to school with a friend and a car pulls up next to you and asks for directions?

How do you know that you can trust someone? Who are some people you think you can trust?

What if someone showed you something that made you feel uncomfortable? What would you do?

What if you're over at a friend's house and their older sibling wants you to go into the basement with them?

## The Child Advocacy Center provided services to 1,225 children in 2019.



Kids who are empowered are often times safer. The "What If" Game encourages kids to talk about body safety and boundaries. It is true that offenders often choose children who are vulnerable in some way. They may lack self-esteem or feel uncertain of themselves. Playing the "What If" game can help children to understand that they have the ability to problem solve. When children feel confident and competent, it adds another level of protection as they go out into the world. - Darkness to Light





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# **Upcoming Training**

All training will be held virtually via Zoom unless otherwise noted.

**Child Abuse & Neglect 101** October 5th, 10:00 a.m. - 12:00 p.m.

Talking to Kids about Body Safety October 9th, 10:00 a.m. - 12:00 p.m.

#### Darkness to Light: Stewards of Children

October 12th, 5:30 p.m. - 8:00 p.m. This training will be held in person at the Child Advocacy Center.

> **Online Safety** October 13th – 11:30 a.m. - 1:30 p.m.

Minimal Facts October 20th, 11:30 a.m. - 1:00 p.m.

**To learn more and to register, please visit** smallvoices.org/training