AGING PARTNERS
600 S. 70th St., Bldg. 2
Lincoln, NE 68510-2451
402-441-7070 or 800-247-0938
aging.lincoln.ne.gov
Serving Butler, Fillmore, Lancaster, Polk, Saline, Saunders, Seward and York counties.

Key for Services: ▲ = Lancaster only

MISSION
Aging Partners plans, coordinates and advocates for older people in an eight-county area. Our mission is to enhance daily living, expand personal choices and educate the community to ensure the independence and full life of the people we serve.

BENEFITS COUNSELING
AND LEGAL ASSISTANCE
402-441-7070 or 800-247-0938

• Medicare - what you need to know when you turn age 65; working past age 65; Parts A, B, D and Advantage Plans; Medicare supplements, yearly changes, updates and open enrollment; complaints, errors and appeals; low-income assistance programs.

• We also help with: Social Security overview; Medicaid; long-term care insurance; budgeting and bill paying; and Homestead Tax Exemption.

• Legal Counseling - Free legal advice and referral services for those who meet financial guidelines.

HEALTH, FITNESS
AND NUTRITION

• The Schmieding Center for Active Living Fitness Center - Cardio and strength training equipment. A certified personal trainer is available by appointment. ▲ 402-441-7575

• Exercise - Tai Chi, chair yoga, Qigong and dance classes are available at several locations. Daily fitness programs on LNKTV City (ALLO channel 2, Spectrum channel 1300 and Kinetic channel 5) and LNKTV Health (ALLO channel 3, Spectrum channel 1301 and Kinetic channel 10). ▲

• Senior Health Promotion Center - University of Nebraska-Medical Center and Aging Partners provide comprehensive foot care along with blood pressure, cholesterol, glucose and bone density screenings by appointment. ▲ 402-441-7506

HANDY HOME SERVICES,
LIFELINE® AND
TRANSPORTATION

• Durable Medical Equipment - Providing items that address short- and long-term needs. We have various lightly used and/or new in-the-box items in stock including crutches, walkers, canes, wheelchairs, bath chairs and toilet risers. 402-441-7032

• Handy Home Services - Minor home repairs and maintenance including mowing, leaky faucets, painting, broken light fixtures, and heavy housework services. ▲ 402-441-7030

• Lifeline® Personal Emergency Response System - A 24-hour emergency access at the press of a button. ▲ 402-441-8816

• Ride within Lincoln to the Centers - Schedule a ride to your Aging Partners Center (handicap accessible). ▲ 402-441-7158

• Lancaster County Public Rural Transit - Scheduled transportation to and from Lincoln to rural Lancaster County areas. (handicap accessible). ▲ 402-441-7031

A listing of other options in the community is available at 402-441-7070.

• Alzheimer’s Disease - Information and referral. 402-441-7070 or 800-247-0938

• Caregiver Support Services - Caregivers take care of family members and friends. But who takes care of the caregiver? Support groups provide hope, information and a safe environment to share concerns. Sessions are led by a Licensed Independent Mental Health Practitioner. ▲ 402-441-7575

• Health Education Programs - A variety of topics assisting individuals to make healthy lifestyle choices.

• Nutrition - Noon meals, selected evening meals with entertainment and special holiday meals are available at some centers. 402-441-3480

LIVING WELL MAGAZINE
This quarterly publication features stories of interest to older adults and is mailed directly to their homes. To suggest a story idea or advertise with Living Well, call David Norris at 402-441-6156 or email dnorris@lincoln.ne.gov.
To receive Living Well by email instead of in the mail, call 402-441-6146 or email delrod@lincoln.ne.gov.

LIVE & LEARN
A monthly TV show for and about older adults on LNKTV City (ALLO channel 2, Spectrum channel 1300, Kinetic channel 1005) and LNKTV.lincoln.ne.gov, or Live & Learn’s YouTube channel at http://lincoln.ne.gov/LiveAndLearn.

• Mondays at 11 a.m.
• Wednesdays at 5 p.m.
• Thursdays at 7 p.m.
• Fridays at 11:30 a.m.
• Sundays at 3:30 p.m.
These are minimum airing times. Show re-airs at various other times throughout the month.
NEIGHBORLNK
This program connects qualified, authorized volunteers with homebound seniors (age 60 and over) and persons with disabilities who seek additional support such as grocery pickup and delivery, errands such as food and medication delivery, and friendly phone visits. ▲ 402-441-6076 or 402-441-7575

SENIOR CENTERS, EVENTS AND ACTIVITIES
Social events and activities, health and educational programs. We offer noon meals, selected evening meals with entertainment and special holiday meals. Transportation to the centers is available for a suggested contribution. Four centers in Lincoln and three in Lancaster County. ▲ 402-441-7158

Lincoln/Lancaster County Centers
• Belmont Center: 402-441-7990
  Belmont Recreation Center
  1234 Judson St., Lincoln
• Northeast Center: 402-441-7151
  6310 Platte Ave., Lincoln
• Washington Street Senior Center
  402-441-7157
  Grace Lutheran Church
  2225 Washington St., Lincoln
• Victory Park Center: 402-441-7154
  600 S. 70th St., Lincoln
• Bennet Center: 402-416-7693
  American Legion Hall
  970 Monroe St., Bennet
• Firth Center: 402-416-7693
  Community Center
  311 Nemaha Blvd., Firth
• Hickman Center: 402-416-7693
  Hickman Community Center
  115 Locust St., Hickman

SENIORS FOUNDATION
The charitable foundation that plans, advocates for, and supports the programs and services of Aging Partners. To contribute or volunteer, call 402-441-6179 or visit seniorsfoundation.org.

INFORMATION AND REFERRAL
402-441-7070 or 800-247-0938
Provides help for older adults and their caregivers to resolve questions and concerns about aging. Services include referrals, counseling, social work and care management. Start here to determine alternatives and arrange services in the Aging Partners service area.

LONG-TERM CARE OPTIONS/CARE MANAGEMENT
402-441-7070 or 800-247-0938
• Aging and Disability Resource Center (ADRC) - The Aging and Disability Resource Center goal is to assist Nebraskans in accessing services and support to help meet their long-term care needs.
• Home and Community-based Waiver Services - State funded in-home services for those who are Medicaid-eligible and choose to live at home or use community-based services.
• Senior Care Options - Long-term care and assessment for Medicaid-eligible persons seeking nursing home care.
• Assisted Living and Nursing Facilities Resource Listings

MULTI-COUNTY CARE MANAGEMENT SERVICES
Providing professional assistance in assessing needs, planning and coordinating home care.
All Counties: 800-247-0938
Jean Holt, Coordinator
Providing professional assistance in assessing needs, planning and coordinating home care.
• Butler County
  Becky Romshek, 402-367-4537
• Fillmore County
  Rhonda Stokeland, 402-759-4922
• Polk County
  Becky Romshek, 402-747-5731
• Saline County
  Kelly Grimes, 402-441-7070
• Saunders County
  Allison Blake, 402-416-9376
• Seward County: 402-441-7070
• York County
  Christina Kaping, 402-362-7626

MULTI-COUNTY PROGRAMS
Coordinator Jill Engel
• Butler County Senior Services
  Diana McDonald, 402-367-6131
• Fillmore County Senior Services
  Brenda Motis, 402-759-4922
• Polk County Senior Services
  Erin Dickey, 402-764-2252
• Saline County Aging Services
  Lori Moldenhauer, 402-821-3330
• Seward County Aging Services
  Kathy Ruzicka, 402-761-3593
• York County Aging Services
  Lori Byers, 402-362-7626

MULTI-COUNTY SENIOR CENTERS
Butler County
• David City Senior Center
  592 “D” St., David City
  402-367-6131
Fillmore County
• Exeter Senior Center
  217 S. Exeter Ave., Exeter
  402-266-2133
• Fairmont Senior Center
  519 6th Ave., Fairmont
  402-268-2831
• Geneva Senior Center
  1120 “F” St., Geneva
  402-759-6729
Polk County
• Osceola Senior Center
  441 Hawkeye St., Osceola
  402-747-8227
• Polk Senior Center
  230 N. Main St., Polk
  402-765-2311
• Shelby Senior Center
  230 N. Walnut St., Shelby
  402-527-5158
Saline County
• DeWitt Senior Center
  202 E. Fillmore Ave., DeWitt
  402-683-4325
• Seward LIED Senior Center
  1010 Manor Drive West, Seward
  402-643-4466
• Utica Senior Center
  520 “D” St., Utica, NE 68456
  402-534-3435
York County
• McCool Junction Senior Diners
  c/o Village Hall
  323 E. “M” St., McCool Junction
  402-724-2525
• York Leisure Home (meal site only)
  215 N. Lincoln Ave., York
  402-362-5900
• York Senior Center
  725 Nebraska Ave., York
  402-362-2496

SENIOR CARE OPTIONS (SCO) AND MEDICAID WAIVER
• 402-441-7070 or 800-247-0938

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