

Moms Need Help Sometimes

Find info about resources like:



- **Free and Income-based Pregnancy Medical Care**
- **Breastfeeding Support**
- **Pregnancy and Postpartum Depression Help**
- **Food and Diaper Distribution**
- **Rides to Medical Appointments**

[HealthyLincoln.org/
HealthyMoms](http://HealthyLincoln.org/HealthyMoms)



Where to get a Pregnancy Test

You can buy reliable pregnancy tests from pharmacies and supermarkets. You can also get a **FREE** or low-cost pregnancy test from the following organizations in Lincoln. Call to make an appointment.

Family Health Services

630 N. Cotner Blvd., Suite 204
(402) 466-1012

Lancaster County Medical Society

8230 Beechwood Drive
(402) 483-4800

LCMS is not a medical center but will provide funding for pregnancy tests.

Lincoln-Lancaster County Health Department

3131 O Street
(402) 441-8065

Lincoln Pregnancy Center

(Not a medical center)
111 Piazza Terrace
(402) 483-4247

Planned Parenthood

5631 S. 48th Street #100
(877) 859-0587

Women's Care Center

(Not a medical center)
5632 S. 48th Street
(402) 423-0533