

Nebraska Medicaid Benefits for Pregnancy & Postpartum

As soon as you know you are pregnant, you and your baby are covered by Medicaid, if you qualify. See below the benefits provided during pregnancy and postpartum by each Nebraska Medicaid Managed Care Plan. Nebraska Medicaid will cover you for 12 months after your baby is born. You can switch plans for 90 days after enrollment or during open enrollment each year Nov. 1-Dec. 15. If you qualify for Medicaid you also qualify for WIC (Women, Infant & Children) and SNAP (Supplemental Nutrition Assistance Program).

Molina Healthcare	Nebraska Total Care	United Healthcare
<p>Phone: 1-844-782-2018 TTY: 711 MolinaHealthcare.com/NE</p>	<p>Phone: 1-844-385-2192 TTY: 711 NebraskaTotalCare.com</p>	<p>Phone: 1-800-641-1902 TTY: 711 UHCCommunityPlan.com/NE</p>
<p>Car Seat or Booster Seat Program: Receive a car seat or booster seat by completing a prenatal visit during the first trimester or within 42 days of enrollment.</p>	<p>Start Smart For Your Baby® Program: Complete the Notice of Pregnancy at least 60 days before baby is due and choose a car seat, stroller, pack-n-play, or 10 meal deliveries. Education and support offered throughout pregnancy.</p>	<p>Healthy First Steps® Rewards Program: Rewards for going to prenatal and postpartum visits. Get a gift card for enrolling and downloading the Babyscripts myJourney app. Get info on pregnancy, newborn care, and more.</p>
<p>Community Baby Showers: A fun and educational event for pregnant members and new moms. Participants will learn about keeping themselves and the baby healthy during and after pregnancy. Pregnant members can choose from a pack-n-play or a month's supply of diapers when they attend.</p>	<p>Baby Showers: Education on prenatal and postpartum care for mothers and newborn care for babies.</p>	<p>Community Baby Showers: Pregnant and new mothers learn about health and wellness for themselves and their babies. The pregnant member is eligible for an essential baby item.</p>
<p>Healthy Baby Text Program: Text4baby helps prepare members for motherhood by sending appointment reminders and personalized information on prenatal care, the baby's development, signs of labor, breastfeeding and nutrition.</p>	<p>Online Pregnancy and Postpartum Support: Get online support 24/7 through Pomelo Care mobile app. Access to support groups, doctors, midwives, nurses, dietitians, therapists, pediatricians and breastfeeding support. Text, call or video chat available.</p>	<p>Text4baby: Text4baby is a free mobile information service that will help you through your pregnancy and baby's first year of life.</p>
<p>One Electric Breast Pump is covered. Your doctor will need to write a prescription for a breast pump. Molina gives out the Evenflo Advanced Electric Breast Pump. Contact member services to order the pump. If you want a different pump, go to a location that supplies breast pumps.</p>	<p>One Electric Breast Pump and kit per member, per delivery every two years. For multiples (twins, triplets, etc.) only one pump will be provided. Your doctor will need to write a prescription for a breast pump. Can request a pump up to one year after baby is born.</p>	<p>One portable Electric Breast Pump is covered. Your doctor will need to write a prescription for a breast pump. Non-portable, hospital grade breast pumps are available for rent if medically necessary.</p>
<p>Doula Assistance: Members who are at high risk and members of a group experiencing health disparities can request doula assistance for prenatal, labor, delivery and postpartum support to the mother and her family. Up to 8 visits.</p>	<p>Doula Services: In person pregnancy guidance and support from certified Doulas for members in parts of eastern Douglas County. In other parts of the state, virtual doula services offered.</p>	<p>WellHop: Virtual group peer support for members who are pregnant. Members participate during the second and third trimesters and up to four months postpartum.</p>
<p>Postpartum Support Gift: Sign up for Pacify, an online pregnancy and postpartum support tool, and receive a gift box for mom and baby. Postpartum visit: Care Connections in-home visit - \$25 gift card for new moms who complete timely postpartum exams. Within first 3 months after birth.</p>	<p>NICU Infants: Additional supplies and supports for infants admitted to the NICU. Services are delivered by Community Health Workers.</p>	<p>Online Mental Health Resources: Self-help tools and family support library for members.</p>

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Lactation Consultation: Five sessions per child, up to 90 minutes. Services must be provided by an International Board Certified Lactation Consultant.	Lactation Consultation: Five sessions per child, up to 90 minutes. Services must be provided by an International Board Certified Lactation Consultant.	Lactation Consultation: Five sessions per child, up to 90 minutes. For infants from birth to 90 days after birth. Services must be provided by an International Board Certified Lactation Consultant.
Home Delivered Meals for High-Risk Pregnancies: Receive home delivered meals to support nutritional needs during pregnancy and postpartum. Two meals per day for 7 days within the first month postpartum.	Meal Delivery: 10 meals delivered if you choose this as your enrollment benefit for filling out the Notice of Pregnancy at least 60 days before baby is due.	Mom’s Meals: Meal delivery during pregnancy or post discharge from a birth with a clinical referral.
Medical Transportation: Get rides at no cost to and from medical, behavioral health, and dental appointments. Non-Medical Transportation: Members can receive transportation to certain non-medical locations like the grocery store, food pantries, WIC appointments, and pharmacy. 20 single rides or 10 round trip rides.	Medical Transportation: You may be able to get transportation for your non-emergency medical appointments. If you are eligible, rides are free.	Medical Transportation: Trips for coverable services within a 20-mile radius of your home. Non-medical transportation: Rides within 10-mile radius to WIC appointments, prenatal and parenting classes, worship, retail store, job related activities, food pantry, support group meetings and community centers. Limited to 48 one-way rides/year.
Molina Healthy Rewards: Gift card rewards for completing preventive care visits and screenings. Personal Care and Household Items: Member household receives \$30 per quarter for commonly used personal care and household items.	My Health Pays: Rewards for completing healthy activities like a yearly wellness exam, annual screenings, infant and children’s care and other ways to protect your health.	Healthy Rewards Program: Eligible members can earn rewards for well care visits, immunizations, and preventive dental care.
Well-Child Visits Reward: Receive a \$10 gift card per well-child visit. Up to 6 visits, on time from birth to 15 months old.	Well-Child Visits: See above.	Doctor Chat: Members can video chat with a doctor 24/7/365 by downloading the UHC Doctor Chat app or learn more online at uhcdoctorchat.com . This is not a replacement for regular doctor visits.
Dental Services: Covered. See plan for specific details. Pregnant Members can receive one additional dental cleaning per calendar year.	Dental Services: Covered. See plan for specific details. Practice Dental Visits: For children with special needs.	Dental Services: Covered. See plan for specific details.
Weight Watchers: Up to 13 weeks of WW online services.	Weight Watchers: Memberships for eligible members. YMCA Memberships: 3 month one-time membership.	Self Care: A digital treatment support self-help app that offers mindfulness meditation for stress, anxiety, and depression. Members can download the Self Care app to receive on demand support at any time.
24-hour Nurse Advice Line and Crisis Line: All plans offer.		
Client Assistance Program (CAP): All plans provide 5 sessions of brief solutions-focused behavioral health therapy.		
Smoking/Tobacco Cessation: All plans offer smoking/tobacco cessation assistance. Call the Nebraska Tobacco Quit Line 1-800-QUIT-NOW (784-8669) for more information. See individual plans for more details on what they provide.		
To see if you qualify and to apply for Nebraska Medicaid, go to iServeNebraska.gov		